

Diploma in Pharmacy 1st Year

Human Anatomy & Physiology Practical

To measure weight of an individual.

Aim:

To measure weight of an individual.

Reference :

Dr. Gupta G.D , Dr. Sharma Shailesh , Dr. Sharma Rahul Kumar ,“Practical Manual of Human Anatomy and Physiology” Published by Nirali Prakashan , Pg.No 118 - 121

Apparatus Required :

Digital scale

Procedure

- 1) The standard BMI according to the age should be calculated before starting the calculation of the individual
- 2) A digital scale should be used. The use of bathroom scales should be avoided as springs are added.
- 3) The scale should be placed on the firm flooring such as tiles or wood rather than carpet.
- 4) Shoes and heavy clothing, such as sweaters should be removed before measuring the weight.
- 5) The person should be instructed to stand with both feet in the centre of the scale
- 6) The weight to the nearest decimal fraction (e.g. 55.5 pounds or 25.1 kilogram) should be recorded.

Result: The height of an individual was measured